

# Herb House

## Membership Rates Comparison Guide

Type	Single	Joint	Joining Fee	Includes
<p><b>The Full Works Membership</b>  <i>This is our most inclusive membership- and it's all about you!</i></p> <p><i>Designed to help you nourish mind, body &amp; soul, it is all about a balanced approach to life.</i></p> <p><i>Perfect for those wanting to get fully involved in life at the Herb House.</i></p>	<p>£600/month                      Or                      £7200/year</p>	<p>£1180/month                      Or                      £14160/year</p>	<p>£390</p>	<ul style="list-style-type: none"> <li>• Access to gym, spa facilities and all classes in inside Studio &amp; outdoor Hideout</li> </ul> <p><b>Package of Herb House &amp; Lime Wood perks:</b></p> <ul style="list-style-type: none"> <li>• 4 x monthly 1-2-1 personal training/movement sessions on a use it or lose it basis*</li> <li>• Advance booking facility to Herb House fitness classes 8 days in advance, 1 day in advance of All Access members</li> <li>• Gym induction and bespoke training programme, subject to booking in advance</li> <li>• One spa treatment per quarter, up to 60 minutes, must be used within the quarter on a use it or lose it basis*</li> <li>• Annual 3-course dinner for 2 per member, with wines chosen by your sommelier at Hartnett Holder &amp; Co subject to availability*</li> <li>• 6 guest passes per annum per member</li> <li>• Option to buy additional guest passes at a preferential membership rate</li> </ul> <p><b>Other perks:</b></p> <ul style="list-style-type: none"> <li>• An invitation to attend one of our members' events within 3 months of joining</li> <li>• £25 to spend in our Curated shop or towards a 60+ minute treatment, on joining</li> <li>• 90-minute Herb House Ultimate Fitness MOT on joining</li> <li>• Credit towards a book from our Curated shop</li> <li>• First to experience new products and special promotions*</li> <li>• 10% off all treatments at the Herb House, subject to availability*</li> <li>• 10% off all Food &amp; Beverage in hotel, subject to availability*</li> <li>• 10% off hotel rooms &amp; entitlement to room upgrades, subject to availability*</li> <li>• Advance notice on booking Lime Wood and Herb House events</li> <li>• Little Nippers access to Lap Pool at set times</li> </ul> <p><b>*Restrictions apply.</b></p>
<p><b>Price Differential between Full Works and All Access membership</b></p>	<p>£225/month                      Or                      £2700/year</p>	<p>£460/month                      Or                      £5520/year</p>		

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<p><b>All Access Membership</b>  <i>Designed for those who want to take a balanced and varied approach to their health.</i></p> <p><i>Join any group fitness class taken by our expertly trained instructors, workout in our gym or chill out in our spa facilities.</i></p>	<p>£375/month                      Or                      £4500/year</p>	<p>£720/month                      Or                      £8640/year</p>	<p>£390</p>	<ul style="list-style-type: none"> <li>• Access to gym, spa facilities and all classes in inside Studio and outdoor Hideout</li> <li>• Herb House fitness classes bookable 7 days in advance</li> <li>• Gym induction and bespoke training programme, subject to booking in advance</li> </ul> <p><b>Package of Herb House &amp; Lime Wood perks:</b></p> <ul style="list-style-type: none"> <li>• 3 guest passes per annum per member</li> <li>• Option to buy additional guest passes at a preferential membership rate</li> </ul> <p><b>Other perks:</b></p> <ul style="list-style-type: none"> <li>• An invitation to attend one of our members' events within 3 months of joining</li> <li>• £25 to spend in our Curated shop or towards a 60+ minute treatment, on joining</li> <li>• 60-minute Herb House Fitness MOT on joining</li> <li>• 10% off all treatments at the Herb House, subject to availability*</li> <li>• 10% off all Food &amp; Beverage in hotel, subject to availability*</li> <li>• 10% off hotel rooms &amp; entitlement to room upgrades, subject to availability*</li> <li>• Advance notice on booking Lime Wood and Herb House events</li> <li>• Access to regular Herb House events</li> <li>• Little Nippers access to Lap Pool at set times</li> </ul> <p><b>*Restrictions apply.</b></p>
<p><b>Price Differential between All Access and Club membership</b></p>	<p>£75/month                      Or                      £900/year</p>	<p>£120/month                      Or                      £1440/year</p>		

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<p><b>Club Membership</b> <i>Designed for those who want to take time for themselves in our New Forest retreat and allows access to our spa facilities.</i></p> <p><i>Work out in the gym or re-energise and relax in our spa facilities.</i></p>	£300/month Or £3600/year	£600/month Or £7200/year	£390	<ul style="list-style-type: none"><li>• Access to gym and spa facilities</li><li>• Gym induction and bespoke training programme, subject to booking in advance.</li><li>• Option to buy additional guest passes at a preferential membership rate</li></ul> <p><b>Other perks:</b></p> <ul style="list-style-type: none"><li>• An invitation to attend one of our members' events within 3 months of joining</li><li>• £25 to spend in our Curated shop or towards a 60+ minute treatment, on joining</li><li>• 10% off all treatments at the Herb House, subject to availability*</li><li>• 10% off all Food &amp; Beverage in hotel, subject to availability*</li><li>• 10% off hotel rooms &amp; entitlement to room upgrades, subject to availability*</li><li>• Advance notice on booking Lime Wood and Herb House events</li><li>• Access to regular Herb House events</li><li>• Does not include access to classes or Little Nippers access</li><li>• Does not include a Body MOT</li><li>• Does not include any guest passes</li></ul> <p><b>*Restrictions apply.</b></p>